

# Ilmaha Dhashay Way u Baahan Yihiin. . .

## Ilmuhu....

- hawo aan qiiq lahayn
- inay dhinac ama dhabar u seexdaan
- in madaxa loo ceiiyo marka ia qaadayo
- in la hayo
- inay maqlaan codkaaga
- inay arkaan wejigaaga
- in sidaadoo kale markaad u lebisayso aad hoos uga geliso maro dheeraad ah(sida funaand /garan)
- in daaybarka laga baddalo markastoo wax la siinayo, ama dhawr jeer
- in la siiyo caanaha naaska oo keliya 4ta iyo 6da bilood ee hore (xaaladaha qaarkood, waxaa la arkaa in loo baahdo caanaha la qoosho)
- in wax la siiyo 2 ama 3dii saacadoodba mar
- in xuddunta loo banneeyo, qallaylna ay ahaato tan iyo inta ay kasoo go'eyso

Haddii aad qabto su'aalo ama ay jiraan wax aad dooneyso inaad ilmahaaga ka ogaato, kala hadal gargaartada caafimaadka, umulisadaada, rugta caafimaadka ama takhtar.

